



Southern Kenai Peninsula Opioid Task Force

Opioid Task Force Monthly Meeting Wednesday, January 22nd, 2020

11:00-12:30pm

South Peninsula Hospital Training Center
203 W Pioneer Ave, Homer AK 99603

Call in Information: 1-800-791-2345

Participant Code: 18424

***Our vision:** A community free of opioid and substance misuse*

***Our mission:** Fostering a connected community by empowering and engaging all individuals to create local solutions for opioid and substance misuse*

Attendees

Stephanie Stillwell, Lucy Mahan, Kyla Newman, Paul Seaton, Annie Wiard, Amy Smith, Colleen Ackerman, Zoe Dixon, Mary Darbonne, Jay Bechtol, Sandy Garrity, Michael Raymond, Grace Halstad, Patricia Westbrook, Ginny Espenshade, Sarah Spencer, Ingrid Harold, Jess Limbird, Laurel Hilts

Agenda

1. Introductions & Quick Updates
2. Work Group Updates:
 - a. Prevention Work Group
 - i. Paul: Draft for process of what to communicate to the community, providers, pharmacists and how to refine our message.
 - ii. Stephanie: Using lens of 8 dimensions of wellness for continuous gap analysis.
 - iii. Kyla: (Medicare beneficiary for quality improvement team and Pharmacist) Helping to develop a questionnaire for local pharmacies - Do pharmacies know of the partial fill policy?, Do they have similar policies?, etc.
 - iv. Stephanie: Physical environment - how does our environment (street lighting, etc.) play into substance misuse?
 - v. Ginny: The Exchange is giving out Fentanyl testing strips. Clients have found Fentanyl in meth. When going through withdrawal, clients have found they are withdrawing from opioids.
 - vi. Gap Analysis
 - vii. Voluntary NonOpioid Advanced Directive
 - viii. Partial Fill for Controlled Substances
 - b. Treatment Work Group
 - i. Stephanie: Working on Road to Recovery Pathway - what is still accurate? What needs to be updated? In the meantime a quick-reference guide has been created to give out at

The SKP Opioid Task Force is supported & made possible by MAPP of Southern Kenai Peninsula



Project Homeless Connect. It is one page of local community treatment resources - contact Stephanie if any information looks like it needs to be updated

1. Ginny: Add a guide for MAT information, etc.?
2. Jay: add support groups?
3. Sarah: Does CICADA have MAT provider?
4. Laurel: Street address addition for Dr. Katie Ostrom (205 W. Fairview)
5. Michael: April (?) opening of Set Free Alaska
6. Grace: QR code to pull up document on web page

Stephanie: Update on providers-

- Katie Ostrum has her own practice.
- HMC provider, vivitrol.
- Dr. Hahn currently has 38-40 clients on MAT.
- Set Free outpatient is now open!

- ii. Update Road to Recovery Pathway
- iii. Quick Reference for Local Resources for Project Homeless Connect

c. Policy Work Group

- i. Mary: "No Wrong Door," community connectedness, already doing a lot of "policy work" within the workgroups
- ii. Stephanie: Looked at what policies are already in place
- iii. Laurel: Access to funding? The policy workgroup could be a good place to bring in an outside source
- iv. Ginny: Idea to have Homer News advertise Sober Events. What is the policy at Homer News for advertising? Could this be a way to continue to educate the community/reduce stigma?

d. Community Outreach Work Group

- i. Jes: Recover Alaska - awarded grant for prevention and early intervention. Now under "Group C" which was tasked with forming a state-wide alliance (you can join as an individual or organization). Moving to "phase II" (now that priority areas are known). One priority is Workforce Development with the goal to provide advocacy building services statewide and engage people to tell their story as a way to shift policy and to celebrate recovery. SKP has been identified as a focal point for discussion. Patty McCarthy (Faces and Voices of Recovery) Monday Feb. 17th (afternoon) for ½ day training for "people in the field" of long-term recovery. That evening, she will be hosting a community event/forum/Q&A to share about recovery.
- ii. Timeline & Assessment Prior Events
- iii. Recovery Yoga
 1. Annie: Many Rivers has done private yoga workshop for Parent Support Group (8-12 attendees). 12 principles of AA are embedded into yoga practice. Friday Feb 28th 6-7pm there will be an event for sober community to access. Cost: \$150 per workshop - could be funded through HUMC?
 2. Ginny: other options for physical wellness (SPARC)
 3. Laurel: Idea for sponsorship/funding through asking for donations. How do people/businesses know that they can give support?
- iv. Training & Community Conversation with Recover Alaska & Faces + Voices of Recovery
- v. Film Night

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1. Looking at dates and different films to show at the library
 - vi. Laurel: Seldovia Healthy Chatter - happens each Friday and looking for presenters.
Anchor Point Thriving Tuesdays
 - vii. Jay: Films focusing on multiple topics and a discussion will happen after to discuss how these films impact our perceptions. All films are free to the community.
 3. Social Media Update
 - a. Facebook page has been live since last fall. Consultant is helping to streamline Facebook feed and creating a campaign for focusing messaging towards our strategic plan.
 - b. The Facebook page has been a positive place for people to connect
 4. Upcoming Events & Save The Dates:
 - a. Other:
 - i. Zoe - Story about Suboxone,
 - ii. Ginny - story on Narcan training for commercial fishermen
 - iii. Sarah - Story in Homer News about The Exchange reaching out to local businesses who are interested in offering sharps containers for proper syringe disposal
 - b. February 17th 11:00-2:30 & 6:00pm-8:00pm: Training & Community Conversation MORE INFO TO COME
 - c. Additional Events?
 - d. Want to join a work group? Sign up!
 5. Closing thoughts and next steps