



Southern Kenai Peninsula Opioid Task Force

Opioid Task Force Monthly Meeting

Wednesday, April 22, 11:00am-12:30pm

Join Zoom Meeting

<https://us02web.zoom.us/j/120396610>

Meeting ID: 120 396 610

One tap mobile 1-346-248-7799

Our vision: A community free of opioid and substance misuse

Our mission: Fostering a connected community by empowering and engaging all individuals to create local solutions for opioid and substance misuse

Attendees

Agenda

1. Quick Intro to Zoom, Introductions & Check Ins: Stephanie Stillwell, Abby Struffert, Annette Hubbard, Bonita Banks, Colleen Ackerman, Diane Ogilvie, Ginny Espenshade, Hannah Gustafson, Ingrid Harrold, Kyla Newland, Liz Diamant, Lucy Mahan, Michael Raymond, Nathan Brisbois, Paul Seaton, Sandy Garity, Susan Burpee, Zoe Dixon, Mary Darbonne, Foot
2. Updates:
 - a. Sharps Disposal during COVID – Per the Hospital’s request, created and distributed information on COVID process for sharps disposal, not accepting at SPH at this time, place for disposal is at the Exchange (still happening two times per month, setup as a drive thru) every 1st and 3rd Tuesday 5-7pm at SPH training Center. Exchange volunteers can also pickup sharps (doing this for Lands End), to arrange pickup email HomerExchange@gmail.com.
 - b. At Home Medication Disposal – National Take Back Day cancelled and HPD unable to accept medications at this time. Shared information re: at home disposal with task force and on Facebook.
 - c. Task Force Updates to Senators Lisa Murkowski & Dan Sullivan – Per the request of the Senators, gave an update on task force operations. If we have any identified needs, they want to hear from us about them.
3. Social Media Campaign Update: Did not address.
4. Work Group Updates:
 - a. Prevention Work Group
 - i. Opioid Partial Fill – State policy that was passed, but slow/no enactment occurring (both locally and statewide). Barriers exist because of systems currently in place at pharmacies (barriers include: insurance billing, e-scripts are fully filled, lack of knowledge of policy, etc.). Provider/patient communication at the outset (smaller or partial fill) could be the easiest way to see this be successful. Work Group created a questionnaire for local pharmacies, but pharmacy participation is on hold due to COVID response. Working on this issue at both local and statewide levels. Current data (just released within last month on UpToDate also worth sharing.
 - ii. Voluntary Opioid Advanced Directive – Folks can voluntarily opt out of receiving opioid Rx

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- iii. Alternative Pain Management – New topic as of this month. Something that the group is going to look into.
 - iv. Bridge device information – Kyla shared with work group, Stephanie will send to entire list serve.
 - b. Treatment Work Group
 - i. Updates to Treatment during COVID: Group looked at local offerings and worked to identify gaps. Most folks have transitioned to telehealth (and are seeing better attendance!). Some small groups are still convening in person (honoring physical distancing). Getting folks into treatment at this time is a challenge. Akeela has been assisting with that and required quarantining. Mat-Su just launched a program to provide supports in order to get into programs across state. AA has still been meeting, regulars are showing up, but online format is less accessible to newcomers. ILoveHomer.org has been established to help fill gaps within both local organizations as well as individuals. Updates: SPH/HMC there is a hiring freeze so nurse care manager for MAT is unable to be filled at this time. Entire HMC office went thru De-Stig training. Q: Any local MAT programs looking at using Bridge devices? A: Do not think it is currently being used in our community at this time. CICADA works with PCHS and it is an option for their clients. Between Medicaid and a grant they are at no cost. NTC is looking into it, not evidence based since it is so new, so harder to get funded and long-term success rate is not known. Q: It is used for alcohol withdrawal? A: Unsure, Stephanie will research. Premera BCBS update - covering telehealth and waiving copay. More info [here](#)
 - ii. Messaging for Treatment during COVID
 - iii. Road to Recovery Pathway & Website
 - c. Community Outreach Work Group
 - i. Outreach Brainstorm During COVID + beyond: **Volunteers to work on any of the below, please reach out** Social media reach +114% in last month. Likes and sharing are both increasing.
 1. Online Presentations (Live, Q&A Discussions and/or Short Clips or Series)
 2. Social Media Messaging
 3. Point of View & Inserts in Homer News
 4. Radio: KBBI Coffee Table & PSAs
 5. Podcasts - You & I For the Kenai: have invited our participation. Recover: by Sierra Frost is another potential partner/option.
 6. Homer Food Bank & Salvation Army Food Bank - can coordinate to put fliers in weekly boxes. I Love Homer is another option for partnering with to get information out to community members.
 7. Website - Layout is finalized, now focused on content.
 - d. Policy Work Group: Did not convene this past month.
5. Closing thoughts and next steps: Exchange is well stocked and just had a cookie decorating fundraiser. May need to do another fundraiser late summer. Also looking at becoming independent 501(c)(3). A desire for a youth led and focused peer group per Foot. Q: What is the valley doing? Ionia is doing another free peer support training via Zoom. Contact Eliza eliza@ionia.org Let Stephanie know if you have a

desire to lead a discussion or write a POV for Homer News piece, please send your ideas to Stephanie ☺
Testing is more widely available now, anyone with any symptoms is encouraged to get tested. Q: Is there a new card/image to share at next Exchange? A: Yes!

Next Meeting Dates:

Opioid Task Force Meeting Wednesday, May 27th 11-12:30pm

Work Group Meetings:**Treatment Work Group: Every 2nd Thursday 10am-11:30am**

Join Zoom Meeting <https://us02web.zoom.us/j/842363956>

Meeting ID: 842 363 956 One tap mobile: +1-346-248-7799

Prevention Work Group: Every 3rd Wednesday 11:30am-1:00pm

Join Zoom Meeting <https://us02web.zoom.us/j/110238305>

Meeting ID: 110 238 305 One tap mobile: +1-669-900-9128

Community Outreach Work Group: Every 3rd Thursday 11:00-12:00pm

Join Zoom Meeting <https://us02web.zoom.us/j/814453871>

Meeting ID: 814 453 871 One tap mobile: +1-669-900-9128

Other Important Dates:

Next City Council Presentations: June 22, September 14 and November 23