Why Did We Start?

• To create intentional connection & dialogue between community partners and community members about substance misuse
• Responding to the community: “Where to get help?”
• Responding to Community Health Needs Assessment
• Assess current resources & identify gaps in treatment services
Additional History of Opioid Task Force

- The Exchange, Syringe Access Program, opened June 2016
- Feb 2017 DHSS Disaster Declaration on Opioid Crisis for Narcan Distribution
- 2017 Hospital Created Maternal Newborn Working Group
- April 2017 Distributed 1st Draft of Road to Recovery Pathway
- May 2017 Community Town Hall Presentation
- 1st Official Meeting July 2017

When asked to rank the factors most negatively affecting the community, the top three responses were:

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Substance Abuse</td>
<td>Substance Abuse (79%)</td>
<td>Substance Abuse (97%)</td>
</tr>
<tr>
<td>2</td>
<td>Economic Costs</td>
<td>Economic Costs (54%)</td>
<td>Interpersonal Violence (96%)</td>
</tr>
<tr>
<td>3</td>
<td>Mental / Emotional Health</td>
<td>Mental / Emotional Health (52%)</td>
<td>Mental / Emotional Health (75%)</td>
</tr>
</tbody>
</table>
Events & Outcomes

Destigmatization

Harm Reduction

More Treatment Resources!

Community Education & Outreach

Prevention
New drug prevention program comes to Homer Middle School

Students at the Homer Middle School participated in a new drug prevention program this week. The initiative aims to teach students that addiction is a preventable disease.

The Novo Nordisk Yacht Club helped put the curriculum together.

In Brief: Syringe exchange program starts Tuesday

A pilot syringe exchange program begins its first event from 5-7 p.m. next Tuesday, June 11, at the South Peninsula Hospital Training Center at 203 West Pioneer Avenue. The project will take place in the southeast corner of the building. The Exchange will be offered 5-7 every other Tuesday. The Exchange is established and operated by a group of individuals and agency representatives in the Homer area that support the idea of harm reduction and safer drug use as a means of making our community a safer place to live. The primary goal of the Exchange is to reduce the spread of Hepatitis C, HIV/AIDS, and bacterial infections among intravenous drug users by exchanging used needles and syringes for clean ones. During their visit participants in the program will be offered various health, treatment and recovery related information, as well as rapid on-site testing for Hepatitis C and HIV. Dr. Sarah Hayden, a local doctor board-certified in addiction medicine, will be overseeing this project. Patient-identifying information is recorded for statistical and funding purposes only (including gender, age range and zip code). All information is kept entirely confidential.

Point of View: There can be hope for recovery from addiction — lots of hope

Homer News
“The Exchange” has been distributing about 3,000-5,000 syringes per month

Last week, 4,000 syringes accepted for disposal *2018*

Box of dozens of used syringes turned over to Homer police
Updated 8:30 am CDT, Friday, September 28, 2018

HOMER, Alaska (AP) — A Homer-area resident turned over to police a box containing more than 100 used syringes collected on the small peninsula jutting from the town, police said.

Homer, Alaska

News Sports Features Opinion Community Calendar

Box of syringes collected on Spit

Two kits of the drug Nalbopine, commonly called Narcan, rest on a picnic table before a light the Night event Saturday, Sept. 22, 2018 in Homer, Alaska. The kits are used to reverse the immediate effects of an overdose and can buy patients extra time to get to a hospital to be treated. (Photo by Megan Facer/Homer News)

Narcan Opioid Overdose Prevention Training for All Service Industry Employees
Where did we start? 2017
And where are we today?
Strategic Plan

Southern Kenai Peninsula Opioid Task Force
Five-Year Strategic Plan (2025) & Operating Priorities (2020 & 2021)
October, 2019

VISION
A community free of opioid and substance misuse

MISSION
Fostering a connected community by empowering and engaging all individuals to create local solutions for opioid and substance misuse

CORE VALUES
Compassion ♦ Empathy ♦ Resilience ♦ Respectful Relationships Action ♦ Trust

ENVISIONED FUTURE – By 2025, the Opioid Task Force envisions a community future in which we have been able to:
- Reduce stigma
- Focus on prevention
- Increase access to effective, affordable treatment
- Improve Task Force capacity
Task Force Work Groups

- Prevention
- Treatment
- Community Outreach
- Policy
Treatment Work Group

- Continues to assess & update local treatment resources
- Worked to update the resources on our website
- Created Quick Resource Guide for distribution (Homer Food Pantry, Project Homeless Connect)
- Identifies gaps and works toward facilitating gaps
Treatment Group
Next Steps

- Goal to have full continuum of care on the Southern Kenai Peninsula:
  - Dedicated Detox Facility on Southern Kenai Peninsula
  - Sober Living & Recovery Residences
**Prevention Work Group:**

- Created Prevention Gap Analysis
- Priorities:
  - Voluntary Non-Opioid Advanced Directive
  - Pharmacy Partial Fill for controlled substances
  - Alternative Pain Management Pathway: Through the lens of the 8 Dimensions of Wellness

**Strategic Operating Priorities**

Create Prevention Work Group with responsibility to define prevention within the Task Force context. Develop a real-time, updateable prevention resource inventory, assessing existing gaps in primary, secondary, and tertiary efforts, and begin facilitating a process aimed at filling those gaps, for example:

- Pursue putting “No Opioid Directive” in student sport packets, medical homes, prescriber offices
- Using the 8 Dimensions of Wellness, partner with the Resilience Coalition on their upstream efforts

Create a Policy Work Group with responsibility to identify, develop, and pursue necessary public policy changes that support Opioid Task Force mission

**Voluntary Non-Opioid Advanced Directive:**

- Helps prescribers and patients begin a dialogue of substance use history.
- May prevent inadvertently offering certain controlled substances to those who could be adversely affected.
- Allows for a patient to proactively inform their physician that they do not wish to receive opioids for any reason.
Alternative Pain Management Pathway: POLL

What are some NON-Pharmacologic methods you/someone you know has used for managing pain? (Think outside of the box)

Go to: https://www.menti.com/

Enter the digit code 79 77 09 2
New Data for 2019-2020 Needs to be assessed:

- 2019-2020 Local Community Health Needs Assessment

- *ED Needs Assessment for Addressing Opioids Misuse and Addiction in Alaska.* There is an overview document and also a two-part written report (needs assessment report and policy review report - both which integrate a prevention framework). These can be found via the following link under Alaska publications (first item). [http://dhss.alaska.gov/dph/Director/Pages/opioids/responseresources.aspx](http://dhss.alaska.gov/dph/Director/Pages/opioids/responseresources.aspx)


- And many others!
Task Force Needs

- More Engage with Work Groups
- Forming an Ad Hoc Data Work Group
- ReEngaging the Community & Community Outreach During COVID
- Policy Work Group Lead
- Secretary/Note Taker 😊